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The Living Well  
121 E. Elm Street  
Penn Yan, NY 14527

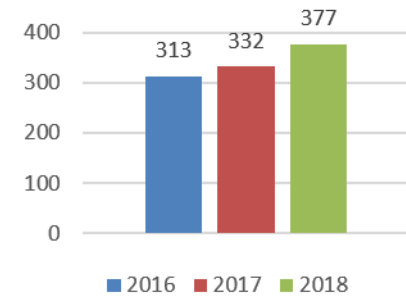


“We connect people to solutions so they may thrive.”

[www.umcthelivingwell.org](http://www.umcthelivingwell.org)

# Annual Report 2018

Gift In Kind Donation Report



**DONATIONS RAISED  
over \$112,000**



**Thank you...**



The Living Well receives Thank You cards because your support and donations are very much appreciated by the community that we service.

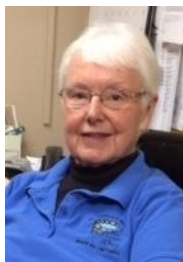
The Living Well celebrated our 5<sup>th</sup> Anniversary in October 2018 with an open house attended by many of our supporters, volunteers and those we have the privilege of serving. In the short time from then until the end of the year, I was blessed to be part of a condensed version of life at The Well.

A gentle, soft-spoken man who was one of our early cancer care participants came in with his wife shortly before Christmas. They greeted us with huge smiles, and he told me he has now been cancer free for 2 ½ years. It was a joyous day! We've helped more than fifty cancer patients and their caregivers, assisting with referrals and access to grants, transportation, help at home. Our cancer support group attendees have become a close-knit family, sharing information, tears, a Christmas dinner and many hours of laughter.

Babs, one of our volunteers, started a "Reverse Advent Calendar" program to help restock our emergency food pantry. The idea went viral with many individuals, businesses and churches descending on The Well with bags, boxes and truck loads of food in December. One of the most rewarding for me was the delivery of car loads collected by the students at St. Michaels school. This food allows us to help people when they run short and need emergency assistance.

All of this is due to you, our many supporters. Your donations of products, time and money allow us to give a hand up to those going through stressful times. Thank you.

*Beulah Decker, President  
The Living Well Board*



## Donation Form

Please complete this form and mail to:  
The Living Well  
121 E Elm St  
Penn Yan, NY 14527



### Step 3 Choose Your Payment Method

Check Enclosed  
(payable to The Living Well)

Credit Card

Visa

MasterCard

Discover

Account Number \_\_\_\_\_

Exp. Date \_\_\_\_\_

Security Code \_\_\_\_\_

### Step 2 Choose an Area to Support

Emergency Assistance

New Hope

Cancer Care

Respite Program

(early dementia)

Other \_\_\_\_\_

### Step 1 Count Me In!

\$125

\$75

\$50

Other \_\_\_\_\_

This gift is in honor/memory of \_\_\_\_\_

## Donors (con't)

### \$100-\$299

Creamer, John  
 Creveling, Cindy  
 Culver, Edward & Linda  
 David Andersen Farms  
 Dr. Wayne Strouse  
 Drumm, Karen  
 Ferro Corporation  
 Fingar, Douglas & Terry  
 Finger Lakes Getaways  
 First Presbyterian Church  
 Freeman, Frederick & Wilma  
 Friend United Methodist Church  
 Gorham Methodist Church, Lake  
 to Lake Quilt Guild  
 Gow, Michael & Rita  
 Hansen, Norman & Dianne  
 Hardy, Clarice  
 Hill, June  
 Himrod Farm Supply & Hardware  
 Hoag, James & Kristi  
 Hoban, Annette

Hometowne Energy Co.  
 Hunt Country Vineyards  
 Hunter, Robert & Stacey  
 Illi, Virginia  
 Keuka Taxi LLC  
 Knapp & Schlappi Lumber  
 Company, Inc  
 Ledewitz, Patricia  
 Long's Card and Books  
 Lont, Marianne  
 Loyal Order of Moose 2030  
 Lyons National Bank  
 Makatura, Ruthann  
 Malcolm, Mark & Deb  
 Mastroberti, David & Julia  
 May, Thomas  
 McGrath, Kathleen & Terrance  
 Donahue  
 Monnen, Helen  
 Morehouse, Michael & Jean  
 Morgan Marine  
 Morgan's Grocery  
 Oswald, Carol

Penn Yan Plumbing & Heating  
 Pinneo, Ernest  
 Prather, Sally  
 Rhode, Leslie & Joyce  
 Rosenfeld, Stephen & Elise Ann  
 Schneider, Donald & Diana  
 Seneca Sams  
 Skyline Trading Post  
 Snyder, Alan & Lauren  
 Snyder, Judith  
 Stork, Matthew & Erika  
 Stork, Steven & Susan  
 Strouse, Wayne  
 Thorn, Dave & Jan  
 Townsend, Margaret  
 Water Street Wines & Spirits  
 Westerdahl, Bruce & Nancy  
 Wojciechowski, Paul & Susan  
 Yates Quarter Auction Group of  
 Vendors

### \$300-\$999

Collins, Mark & Susan  
 Community Bank, N.A.  
 Evershed-McCobin, Donna &  
 Mark McCobin  
 Friendly Dodge, Chrysler, Jeep  
 Inc  
 Gifford, Jeffrey & Wendy

Gracik, Anthony  
 Hinterberger, Joe & Leslie  
 Milo Center UMC  
 Penn Yan First Baptist Church  
 Perl, Sandi  
 Rushville United Methodist  
 Church  
 St. Michael's Roman Catholic  
 Church

St. Paul's Evangelical Lutheran  
 Church  
 Two-Can Dan's Bottle & Can  
 Redemption Center  
 Warren, Mark & Wendy  
 Wintech Company  
 Yarbrough, William  
 Yates County TB & Health  
 Association

### \$1000-\$4999

Carlin, Tom & Carol  
 Community Foundation of  
 Elmira-Corning  
 Coriale, Salvatore & Barbara  
 Decker, Beulah  
 Gamba, Peter & MaryBeth

Henry, William & Doris  
 Lally, James & Doris  
 Lounsbury, Janette  
 Malcuria, Paul  
 Marble's Automotive, Inc.  
 McNinch, Chris & Lisa  
 Penn Yan Council of Churches

Penn Yan Girls Basketball  
 Booster  
 Penn Yan United  
 Methodist Church  
 Sarver, Hillard & Nancy  
 Steinert, Babs  
 Yatesville Methodist Womens  
 Zotos International

### \$5000-UP

Daisy Marquis Jones  
 Foundation

Joe & Sue DeGeorge  
 Foundation  
 First Presbyterian Church/  
 Hattie Hartman Tithe Funding

LifeSpan of Greater Rochester,  
 Inc.  
 The Once Again Shoppe

*Thank you!!*



## From our Director's Desk....



**Sandi Perl**  
 Executive Director

In October 2018, The Living Well celebrated its 5<sup>th</sup> Year Anniversary. Thank you for your generous support to The Well. There is no way The Well could have impacted so many in our community without your help.

Since 2013 The Well has recognized the need to build relationships with the people we serve. As a community we need to understand how people get to where they are, listen to their hopes and dreams and walk alongside them as they achieve their goals. As you read our Annual Report you will be able to see the excitement these relationships have brought to the people we serve and our volunteers.

As we build relationships with people, we are reminded of the responsibility each of us must be a part of a respectful and kind world. While walking alongside the hungry, scared, poor, underpaid, children, sad, and addicted; we have the privilege to serve in the name of Jesus.

In 2019 we will continue to focus on ministry opportunities to help prevent homelessness in Yates County. The Well provides food, household & personal care items, health insurance, New Hope Cancer Care, and our new ministry Paul's Place a drop-in respite program for both Caregivers and Early Stage Alzheimer's & Dementia Patients and more. As a person who supports The Well you should be proud of the impact you have on our community.

Our doors are open to you anytime you want to stop in to see us.

Sandi Perl  
 Executive Director

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## Volunteers Make a Difference!



The Living Well could not function without its many volunteers. One of our volunteers has made The Living Well part of her mission in life. Barbara Burke has started her own program which provides environmentally safe and inexpensive cleaning products for our clients. The Well is a place where you leave feeling fulfilled knowing you have served God.

## Donors

### UNDER \$99

Akamnonu, Ugo  
 Amore, Kathleen  
 Anderson, Stewart  
 Antique Inn Restaurant  
 Baldwin, Walter & Janna  
 Basty, Christopher & Angela  
 Benedict, Dexter & Faith  
 Beverage Baron  
 Brock's Bowl & Pizzeria  
 Burke, Barbara  
 Cam's New York Pizzeria  
 Carlson, Nancy  
 Carner, Mellony  
 Cerrigone, Patricia  
 Chen's Garden  
 Childs, Jeff  
 Christensen, Dave & Mickie  
 Church, Robert & Abbie  
 Clark, Tracey  
 Climbing Bines Craft Ale  
 Company, LLC  
 Cole, Warren  
 Constantine, Jean  
 Coplai Insurance Agency  
 Crabtree, Erin  
 Crooked Lake Car Wash  
 Culver, William & Hilary  
 Dailey Electric  
 Demontfort, Harold & Patricia  
 Detar, Eric & Paula  
 Dickinson, Beth  
 Dollar Tree  
 Dundee Fire Co., Inc  
 Eichenhofer, David & Shannon  
 Ellison, Kelley  
 Enos, Murphy  
 Flores, Christopher  
 Folts, Michael & Linda  
 Folts, Richard & Janice  
 Gibson, Tom  
 Gillespie, Robert & Char  
 Goldman, Ira & Sherry  
 Gray, Tony & Maria  
 Ground Water System, Inc.  
 H.E.P. Sales  
 Haffleigh, Debra  
 Hall, Joan

Hall, Tyler  
 Hammond, Amos & Laura  
 Hampton, Lloyd & Susan  
 Heller, Stephen & Susan  
 Henderson, David & Cheryl  
 Hosking, Patricia  
 Howard Hanna Lake Group  
 Hunt, Sara  
 Indian Pines Farm Market  
 James, Eugene & Marilyn  
 JB's Bar & Grille  
 Jensen, Skip & Jennifer  
 Johnson, Dion & Suzie  
 Kennedy, Ryan & Joanne  
 Kerrick, Chris & Lisa  
 Keuka College, Chair, Division  
 of Humanities and Fine Arts  
 Keuka Corners  
 Kinsey, Warren  
 Kirkland, Dale & Elaine  
 Kneeland, Marcia  
 Lanni, John & Rhonda  
 Lawn, Sherry  
 Liberty Restaurant & Tap Room  
 Long, Ronda  
 Roger Loucks & Catherine  
 Abbott  
 Lyons, Kimberly  
 MacAlpine, Richard & Jean  
 May, Elizabeth  
 McDonald's Restaurant  
 Michael Castner's Garage  
 Miller, Charles  
 Miller, Douglas & Lori  
 Miller, Ronald & Marguerite  
 Morehouse, Jeff  
 Neno, Judy  
 Newell, William & Margaret  
 Nielsen, Meredith  
 Oberholtze, Ivan & Esther  
 Olsen, Stephanie  
 Pallar, Kevin & Susan  
 Parsons, Michael & Nancy  
 Patterson, Courtaney  
 Payne, David & Karen  
 Payne, Donna  
 Penn Yan Express Lube Inc.  
 Perrault, Terry & Rebecca  
 Pinckney, Barbara

Pinckney Hardware  
 Polmanteer Auto Service Center  
 Polowy, Martin  
 Potts, Linda  
 Powell, Ethan  
 Prejean, Elizabeth P  
 Pulteney Firemen's Auxiliary  
 Pulteney Free Library  
 Rembaum, Nancy  
 Robak, Rachael  
 Roberts, Gene & Diane  
 Roblyer, Allison  
 Salotto, Michael  
 Scheel, Russell & Judith  
 Schillinger, Dana & Helen  
 Schulz, Narina  
 Scutt, Gerald & Pam  
 Seneca Farms, Inc.  
 Sennett, Mark & Sarah  
 Smaltz, Monica  
 Smith, Deborah  
 Snyder, Linda  
 Sottile, Donald  
 Stewart, Donald & Amy  
 The Travern Restaurant  
 Timmy G's  
 Top of the Lake Restaurant  
 Tops Friendly Market  
 Tourtellotte, Amanda  
 Travis, Brenda  
 Travis, Natalie  
 Trombley, Aline  
 Trombley, Marianne  
 Trombleys Tire and Auto  
 TRT Masonry  
 Twin Pines Power Equipment  
 Upper New York UMC  
 Annual Conference  
 Wagner Restaurant  
 Watkins, Charles & Mary  
 Webster, Rose  
 Wendell, Sandra  
 Wiedrich, Joyce  
 Wilder, John  
 Willis, Barbara  
 Wilson, Craig & Peg  
 Wyant, Stacy & Chris  
 Yost, Thomas & Ginny  
 Yuschak, Stephen & Theodosia

### \$100-\$299

Albertalli, Curt & Virginia  
 Alexander, George & Carol  
 Anderson, Robert & Rachel  
 Bailey, Philip & Nancy  
 Bank of The Finger Lakes  
 Baum, David & Veronica  
 Beaumont & Stork Inc.

Benton United Methodist  
 Church  
 Bergner, David & Carolyn  
 Bluff Point United Methodist  
 Church  
 Bracht, Philip & Linda  
 Branchport Automotive  
 Branchport United Methodist  
 Church

Briggs III, Chet & Mary  
 Central Finger Lakes  
 Friends Meeting  
 Condella, Shirley  
 Cranston, Russell & Judith  
 Crawford-Faucher, Amy

*continued on next page*

# 2019-2020 Board Members

Beulah Decker, President  
Georgann Farrell, Treasurer  
Rachel Anderson, Secretary  
Lucas Day, WFLR AM & FM News & Sports Director  
Rev. Jeff Childs, Pastor Penn Yan UMC  
Joanne Kennedy, Penn Yan Morgan Marine Associate and Artist  
Thomas May, Vice President and Branch Manager,  
Community Bank, N.A. Penn Yan  
Rev. Sandi Perl, Pastor Bluff Point UMC, Executive Director, The Living Well

## Introducing our new Board Member:



**Lucas Day**  
WFLR AM & FM  
News and Sports  
Director

Lucas Day is originally from nearby Prattsburgh, NY and graduated from SUNY Brockport in 1999 with a BS in Communications. Since he was a little boy, Lucas always knew he would be involved in some type of broadcasting career. In 2001, he started at WFLR radio as an on-air talent, a position he continues to hold to this day. In addition to his on-air duties, Lucas serves as news director for the half-dozen radio stations that make up the Finger Lakes Radio Group based in Geneva.

He also serves as sports director at WFLR and is known as the "voice of Penn Yan and Dundee sports" having called play-by-play for the school's varsity boys' and girls' basketball and lacrosse teams, as well as football since 2001.

In addition to the Living Well, Lucas also serves on the boards of Freedom Church in Bath and the Keuka College Sports Boosters. In his free time, Lucas can be found usually rooting on his Yankees and Lakers, watching and talking about WWE, or attending country music concerts with family and friends.

If you see him, please take a moment to let him know how much he is appreciated for serving on The Living Well's board. (*To learn more about our new board member go to our website: [www.umcthelivingwell.org](http://www.umcthelivingwell.org)*)

# From the Outreach Worker



**Kim Lyons**  
Outreach Worker

Having just joined the team at The Living Well in August 2018 I have been blown away by the work that is being done and the people who are being cared for through the ministries and faithful volunteers and employees. I have now experienced seasons of heat and drought, holidays and struggles as well as the cold and concerns of everyday life.

As outreach worker I meet with people who have a list of different needs, from utility shut-offs to evictions, to car repairs and a wide range of other concerns. In December I met with a single father of two whose food stamps did not load on time. Relying on the funds, he came in seeking help getting food. In conversation I discovered he receives dialysis three times a week and is working through a divorce. The Living Well was able to give him assistance with food, as well as signing him up for a family photo shoot at the PY Library, a Christmas dinner box and a bike that had been donated was a perfect gift for his sons' birthday. We prayed together and added him to our prayer requests.

Because of the generous support of donors, The Living Well was able to aid not only financially but through our food pantry, needs 'n things, and through ministries show that we are a community coming together to care for those in need. We also have formed relationships with other agencies to provide a well-rounded support system to ensure further success.

The generosity of the people of Yates County is wonderful and a necessary part of what we can do here at The Living Well. Unfortunately, there are many in need but together we can make a difference, offering guidance in moving forward and hope for the future.

# New Projects



PosterMyWall.com

A free drop-in respite program for early stage Alzheimer's and dementia patients. We began in the fall of 2018 and provide a safe place for patients to come for social interaction and allow a break for their caregivers. Our volunteers come from different areas of the community and provide love and companionship. We look forward to expanding Paul's Place throughout Yates County to offer a place of respite each week during the month. We currently meet at St. Paul's Evangelical Lutheran Church in Penn Yan on the third Thursday of the month and Paul's Place Dundee is opening 1<sup>st</sup> Thursday in April – April 4.

## *Bereavement Support Group*

The Living Well is offering a new Bereavement support group that meets 2<sup>nd</sup> Wednesday of the month 6:30-8 p.m. at The Well. The facilitator is St. Paul's Evangelical Lutheran Church, Rev. Lori Nickoloff. The group is open to all people who have lost a loved one.



The Living Well has become involved in a new Meat Stick Project, to help support The Well's Needs 'n Things Pantry. On the front counters in area businesses you will see the meat sticks. Currently have eleven locations: Knapp & Schlappi, NAPA (on Main St.) Car Quest (on Clinton St.), Moose Lodge, Himrod Farm Supply, Community Supplies, Trombley Tire, Tractor Supply, Martin's (Benton) Twin Pines, Marble's and Morgan Marine.

# Health Care

**Autumn White, Finger Lakes Community Health Insurance Navigator and Facilitated Enroller**, is available at the Living Well every other Friday. Appointments can be scheduled by calling Helpline at 1-800-346-2211 or Autumn's cell: 607-368-4295. In 2018, she met with 100 applicants at the Well, to answer health insurance questions and help families and individuals apply and enroll through the NY State of Health Marketplace into income-based health insurance plans available from Excellus, Fidelis, MVP and United HealthCare or to help them fill out a chronic-care Medicaid application with documentation, to be submitted for processing by a caseworker at Yates County DSS. The Living Well has proven to be a convenient location for people, and offers privacy and evening appointment times are available. Call or text: 607-368-4295

**Darlene Rappleye, certified application counselor representative with United Healthcare**, assists individuals with their application through the NYSDOH (Marketplace) for health insurance. Available Tuesday 9 a.m. – 2:30 p.m. and anytime by appointment by calling (607)857-2769 for an appointment to assist with your application and answer any questions you may have.

**Courtney Patterson, Health Benefit Representative Fidelis Care**. Courtney is available at The Living Well Monday, Wednesday, and Thursday from 10 a.m.-2 p.m. to assist with any health insurance and is also in Dundee, Middlesex and able to come to your home if needed. Cell: 315-558-7902 [Cpatterson1@fideliscare.org](mailto:Cpatterson1@fideliscare.org)

# New Hope Cancer Care

In 2018 the New Hope Cancer Care program began its third year. Because of your generosity we were able to continue to provide a variety of services such as bi-monthly meetings, gas cards for hospital and doctor visits, housecleaning and home visits, referrals to grant programs, insurance representatives and our case worker. Sadly, four of our group members lost their battles to cancer: Kara, Randall, Cecil (Skip) and Priscilla.



Activities included a painting class; a picnic at a lake home; a fall cruise on The Canandaigua Lady; and a dish-to-pass holiday dinner at the Well.



In the coming year, and with your continued financial support, our team will enlist the expertise of specific people and organizations to fulfill our mission of reaching those affected by cancer – patients and caregivers alike. We encourage anyone experiencing this disease and/or their caregivers to join us the first and third Thursdays. Contact The Living Well for time at (315)536-0838.

# Partnerships

kidCARE is a nonprofit organization with the mission of supplying children in Yates County with underwear, socks, and diapers. Founded by Heather Andersen, who in 2006 was a fifth grader at Penn Yan Elementary school and noticed this need among her classmates and felt Penn Yan lacked a program that supplied more than just outerwear clothing. The Penn Yan Rotary Club and Penn Yan Lion's Club also saw this need within our community and supported the establishment of kidCARE. Standing for little kids in need of BIG CARE!



With the support of the community, Penn Yan Rotary Club, Penn Yan Lions Club, and the McGowan Charitable Fund, kidCARE has been able to supply underwear, socks, and diapers to children in Yates County for almost 13 years.

Currently kidCARE reimburses The Living Well for all diaper purchases made for babies in our community and supplies the diapers stored at The Living Well for The Yates Christmas Program. kidCARE also supplies the Penn Yan Elementary School Nurse's office and individual families in need with socks, diapers, and underwear. Recently, kidCARE has teamed up with the Penn Yan Interact Club to collect donations and spread awareness of this need within our community.



*Please see the next page for more partnerships.*

# More Partnerships



Pet Partner Connections' (PPC) is a 501(c3) organization that serves pets and their partners in the community. Our goal is to put community and volunteer resources to work to reduce animal surrenders by elderly, disabled or financially challenged caretakers.

The Living Well, as one of the core distribution points, gives residents access to pet food as well as health and community resource information. Last year over 100 client visits provided approximately 50 animals with food through the Pet Food Pantry at the Living Well. These animals would have gone to a shelter or on the street without our assistance. One elderly client said "I was giving my cat leftovers – I was at my wits end until this pet food arrived. I don't think I could live without him."

Each year at Christmas time we are blessed to receive holiday dinners from the Salvation Army of Geneva. In 2018 we served more than 75 families with these special holiday dinners. Thank you to The Salvation Army of Geneva for continuing to serve Yates County.



As every year, The Living Well was blessed to receive donations of perishable food from our local farmers, food from local churches and schools.



Knitters Program (hats, mittens & etc.) at Starshine 2018. As you can see from the tree knitters came together to provide The Living Well with hats, mittens and scarves to give out at Starshine 2018. Each year we give away hundreds of hats, mittens and scarves.



# 2018 Fun & Fundraisers!

*Thank you!!*



Good Neighbor Day Sept. 28<sup>th</sup> at Community Bank, Chili Cook-Off, Cornhole Tournament, Yates County Quarter Auction, Keuka College Fundraising – "Pieing for the People"

We want to thank the community for the continuing support in attending The Living Well's Fundraising Events in the year of 2018. We hope to see you at our 2019 Fundraising Events.